



Conducting Meaningful Stress Risk Assessments

StressTools® is The Keil Centre's proprietary on-line Stress Risk Assessment survey for identifying potential sources of stress, and prioritising action to improve health and safety at work. In response to demand for this powerful but practical tool, it is now available in 7 languages.

What distinguishes StressTools® from other Risk Assessment surveys is that not only does it identify the frequency of occurrence of work related stressors, it also provides an indication of the perceived level of harm a stressor may be having. It also offers practical guidance on how the situation can be managed. This ensures remedial action is prioritised, and resources applied to the area of greatest risk.

As an example, one client assessed levels of stress across five of its business operations. The survey data indicated that the pressure 'pinch-points' for employees were similar across all groups, but were only reported to be a potential source of harm in one of them. This 'intelligence' was critical to the organisation being then able to target the remedial action subsequently taken. As the HR Director pointed out...

"One of the most helpful features of StressTools® is that you are prevented from falling into the trap of assuming that just because a potential stressor may be commonplace, it must be an immediate source of harm. We could quite easily have spent a lot of effort chasing after the 'wrong' targets."

The Keil Centre's Psychologists recognise the importance of supporting clients in the use of StressTools®. Clients are guided through the implementation stages of a Stress Risk Assessment, and a face to face meeting ensures the management team understand the final analysis and report.

For more information on StressTools®, please contact Ken Gray (ken@keilcentre.co.uk)

StressTools

“ One of the most helpful features of StressTools® is that you are prevented from falling into the trap of assuming that just because a potential stressor may be commonplace, it must be an immediate source of harm. We could quite easily have spent a lot of effort chasing after the 'wrong' targets. ”